

A prediction tool for the dose-proportionality of pharmacokinetics to guide decision making on microdosing studies

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INTRODUCTION

Microdosing studies allow investigation of clinical pharmacokinetics (PK) of drug candidates (first-in-man) earlier in development, at a stage where not all high dose safety concerns have yet been sorted out. Furthermore, they allow inclusion of patients or target groups that cannot be admitted in high dose phase 1 trials. A potential cause for concern when considering microdosing studies is that a drug candidate may display nonlinear PK. Guidance on the assessment of the likelihood of appreciable nonlinear PK based on preclinical data can be helpful in staging the clinical phase and the place of microdosing in it. Here, we investigate whether the concern of nonlinearities is justified by addressing two questions:

1. How often do significant nonlinearities in PK occur in general?
2. Can they be foreseen based on preclinical information?

OCCURRENCE OF NONLINEARITIES

We performed a systematic scan of abstracts of published ascending dose PK clinical studies in PubMed in the last 5 years, limited to systemically acting small molecules (see Fig. 1):

- 145 abstracts found;
- proportionality not conclusive in 44 abstracts;
- 79 studies reported dose-proportional PK in the dose range studied;
- 22 reported nonlinearities.

In those studies observing nonlinear PK, most occurred at the highest dose tested, and two to four orders of magnitude above microdose range.

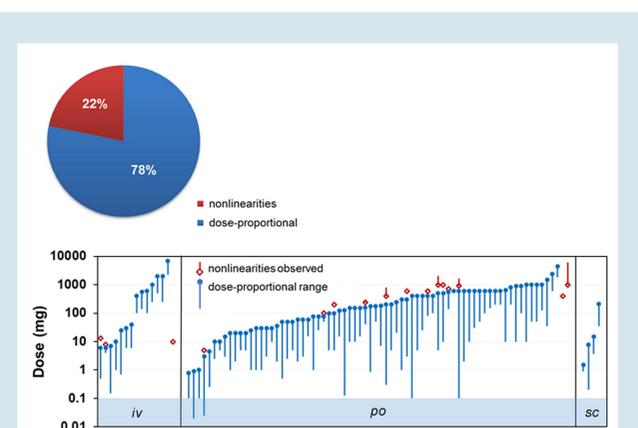


FIG. 1. Results of a literature scan of ascending dose studies (ADS). Upper: frequency of dose-proportionality and nonlinearities reported. Lower: dose ranges (mg) displaying proportional PK and nonlinearities in intravenous (iv), oral (po) and subcutaneous (sc) ADS. The shaded area indicates the microdose range.

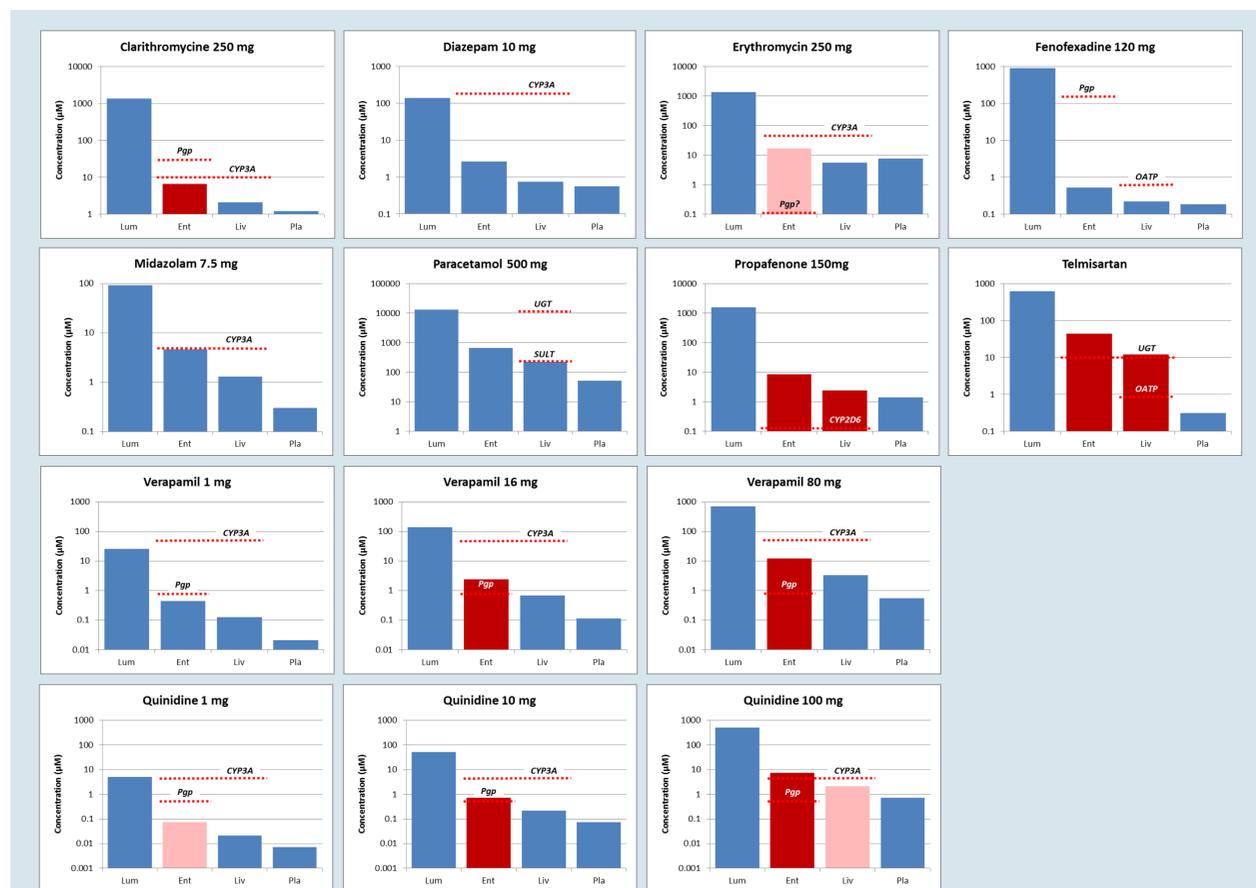


FIG. 3. Predicted maximum concentrations in gut lumen, enterocytes, liver and plasma for 10 compounds for which concerns about nonlinearities had been raised. Dotted lines show the Michaelis constants for processes of concern. Red bars indicate the observed nonlinearities between microdose and therapeutic dose and their proposed locations [1-5].

PREDICTING DOSE-PROPORTIONALITY

Our prediction tool considers possible nonlinearities in GI dissolution; intestinal, hepatic and renal in- and efflux transport; intestinal and hepatic metabolism and plasma protein binding. The following principles are used:

- Maximum concentrations (C_{max}) in gut lumen, enterocytes, liver and plasma for the therapeutic dose range are estimated by non-compartmental methods (Fig. 2);
- enzymatic processes or transporter activity are of potential concern for C_{max} above K_m ;
- GI dissolution is considered of concern for BDDCS class IV compounds;
- extensive plasma protein binding may cause nonlinearities if $C_{max} > 0.2 \cdot C_{protein}$.

The tool was applied to ten published cases comparing microdose and therapeutic dose PK [1-5]. The results in Fig. 3 show that nearly all cases were correctly identified as showing dose-proportional or nonlinear PK.

1. $C_{lum} = D/0.25$
2. $C_{ent} = F_{abs} \cdot k_a \cdot Dose / Q_{gut}$
3. $C_{liv} = f_{ub} \cdot C_{max} + F_{abs} \cdot k_a \cdot D / Q_{liv}$
4. $C_{pl} = F \cdot Dose / V$

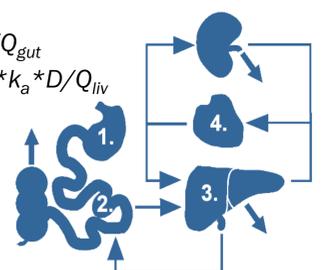


FIG. 2. The prediction tool calculates maximum concentrations for gut lumen, enterocytes, liver and plasma by non-compartmental methods.

CONCLUSIONS

- Deviations from dose-proportional pharmacokinetics may be less common than often assumed, and are observed more frequently in the high than in the low dose range
- Based preclinical data, our decision tree correctly identified (deviations from) dose-proportionality between microdose and therapeutic dose for published cases
- This tool may help decide whether an early phase 0/1 clinical microdose trial is sensible